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easy recipes will help you get used to your new pressure cooker. Share. ... 17 Easy Instant Pot Recipes for Beginners. Katie Bandurski Updated: Jun. 21, 2019. ... After cooking in the pressure cooker for just a few minutes, the chicken thighs are tender and flavorful. ...

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The 'Cooking Time Tables' are based on cooking pressure within the range of 10.15 - 11.6 psi. When cooking with the Instant Pot Max family, please refer to the MAX tab. The Cooking Time Tables are meant to be used as guidelines.

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### **Instantpot.com**

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